

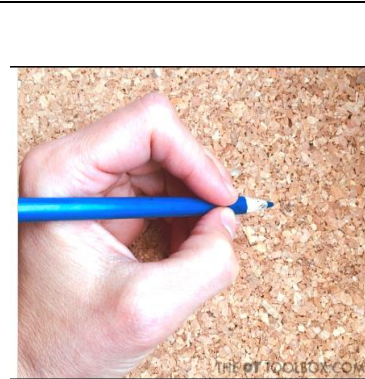





Pencil Grasp Development

Pencil grasp development is individual, there are predictable patterns.

Colleen Beck, OTR/L, details several types of pencil grasps that fall into three main stages of primitive, transitional and mature grasps ([The OT Toolbox](#)):

Primitive Pencil Grasps	Palmer Supinate Grasp		12 months-1.5 years
	Digital Pronate Grasp/ Pronated Wrist Grasp		2-3 years
Transitional Pencil Grasps	Static Quadrupod grasp		3-4 years

	Static Tripod Grasp		
Mature Pencil Grasps	Dynamic Tripod Grasp		5-6 years
	Dynamic Quadropod Grasp		

Pencil Grasp Development Resources

For more information about helping children with pencil grasp, you can turn to the following resources:

- [OT Plan](#) – This site from Avital Shuster, Pediatric OT, features information on inefficient and efficient grasps, pencil grips and activities to improve pre-writing skills.
- [Growing Hands-on Kids](#) – This site, by Certified Occupational Therapy Assistant Heather Greutman, features pencil grasp terminology, images, videos, printable cards, handouts, tips and resources.

Don't forget to bookmark our resource on pencil grasp development! We hope you find it a valuable addition to you.